

University Primary School

COVID-19 Precaution Plans 2022-23

8/6/22



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<u>General</u> University Primary Guidelines

- Facemasks optional in/outdoor except when required. Facemasks are recommended as community rates remain high.
- Facemasks *required* for persons released from quarantine. Mask indoors and outdoors at school at least 5-days post quarantine.
- Persons exposed to COVID-19 test on days 3, 5, 7 post exposure; masks *required* indoors and outdoors at school for 10-calendar days post exposure.
- Persons experiencing COVID-19 symptoms must present evidence of a negative test for any new symptom(s) before resuming school attendance.
- It is highly recommended all persons be fully vaccinated and boosted as recommended by public health. Staff/University students must be fully vaccinated and boosted or maintain weekly testing.
- Optimal ventilation and airflow is in place; frequent handwashing and sanitizing occurs.
- We are still in a worldwide pandemic; we are working TOGETHER with an abundance of continued grace, patience, practicality, and care!

Face Masks:

University of Illinois and University Primary School are currently mask-optional with exceptions.

3-5 clean masks/day when masking

- A person returning from quarantine must wear a face mask indoors and outdoors for at least 5-calendar days at school.
- A person exposed to COVID -19 must wear a mask indoors and outdoors at school for 10-calendar days after exposure.
- Exceptions to mask wearing (for persons required to wear them) include maintaining 6-feet away from others while eating, drinking, or taking an outdoor mask break.
- Extended day preschoolers with COVID must suspend participation in extended day at least 10-calendar days as masks may not be worn while napping/resting.
- Masks must fully cover the mouth and nose and fit snugly against the sides of the face without gaps. <u>Please provide your child with masks that fit!</u>
- Reusable face masks should be washed and dried nightly at home. Send a bag of unused masks and a bag for used masks daily; label child's name on all reusable masks using the side that goes toward the face.
- Children should wear masks they can take on and off themselves practice at home. Mask lanyards are highly encouraged for mask breaks to prevent masks from being lost.

Testing Requirements

Weekly screening tests are no longer required at this time.

Free testing kits remain available in the community; free community testing sites are reduced.

- Staff /University students PCR test at University of Illinois. Uni Primary students may PCR test at University of Illinois dependent on age/availability.
- PCR testing is currently available at Walgreens and CVS stores for all persons and at Carle/Christie Clinics for symptomatic persons.
- Home tests are acceptable for Uni Primary students, though less desired.
- Symptomatic individuals must show evidence of a negative test result for any new symptom(s) prior to attending school.
- Test-to-Stay on days 3, 5, 7 for close contacts is the responsibility of the family. Test-to-stay allows a student to stay in school if exposed and asymptomatic.

Vaccination Policy for Adults

- Teachers and staff are employees of the University of Illinois; student teachers/interns are students at the University of Illinois. As such, the COVID vaccination is mandatory.
- All Staff at Uni Primary are fully vaccinated.
- All student teachers, interns, and volunteers at Uni Primary are fully vaccinated or test at least once weekly.
- It is highly recommended that all persons, who are able, be fully vaccinated and stay boosted.
- Unvaccinated persons may be present at the school.

Ventilation & Airflow

- Filters rated at MERV-15, are in place. Filters are a higher efficiency than recommended by ASHRAE and the CDC.
- HVAC brings in fresh air <u>at all times</u> and is designed to meet the ASHRAE standard 62.1 for indoor air quality. The amount of fresh air is programmed to automatically increase when outside air conditions are favorable.
- Classroom windows will be propped to increase air flow, weather permitting.
- Fans and portable air filters are not needed as fresh airflow is abundant.
- Children and staff learn and play outdoors to a great extent!



Hand Washing

Frequent, proper handwashing with soap and water occurs throughout the day. Home practice for proper handwashing protocol is encouraged.

Proper handwashing technique will be taught and practiced at school.

Hand sanitizer will be used as needed and when soap and water are not readily available.

Children with skin sensitivities may bring their own hand sanitizers if the sanitizer meets hygiene guidelines. Label with name and do not share.



Cleaning and Disinfection

Staff will disinfect frequently touched surfaces in their spaces daily and multiple times a day for high traffic surfaces.

University of Illinois provides EPA approved hand sanitizer and wipes for our use.



Preschool Arrival/Dismissal Preschool arrival is at the playground gate between 8:20-8:40 AM. Park in the east parking lot. Families

east parking lot. Families must accompany children to the gate (present any evidence of testing for symptomatic children).

Preschool dismissal is along the east playground fence. Preschool dismisses @ Noon or @ 3:00 PM for extended preschool or @ 5:30 PM for preschoolers in after school.



Kindergarten-5th Arrival/Dismissal

K-5th arrival is at the west circle drive 8:20-8:40 AM. *Public bus also drops off here.* Drivers, <u>stay</u> <u>in your vehicle; present</u> <u>evidence of negative test if</u> <u>needed to staff; child exits</u> vehicle on the passenger side.

K-5th dismissal is staggered at the west circle drive.

4/5th grade @ 2:55 PM 2/3rd grade @ 2:58 PM K/1 grade @ 3:00 PM Families with siblings should use the latest dismissal time. **Stay in the back of the car line until you see your class outdoors!**



Temperature 100.4° Fahrenheit

24 hours must elapse from resolution of fever without fever reducing medication and your child must have evidence of a negative COVID test that is administered while symptomatic to detect the possible virus.

IDPH Decision Tree for Evaluating Symptoms

Temperature at home? STAY HOME

> Stay home until 24-hour fever free without fever reducing medication and show evidence of a negative COVID-19 test.

Temperature at school? GO HOME

> Pick up your child within 30 minutes of a phone call/text. <u>Make</u> <u>plans for emergency</u> <u>contacts.</u> Child will be removed from others and staff will supervise until family arrives..

Stay home at least 24 hours and present negative COVID test to return to school.

Symptoms Guide

- fever (see previous page as a stand-alone symptom)
- New cough
- shortness of breath or difficulty breathing
- Fatigue from unknown cause
- muscle or body aches from unknown cause
- Moderate to severe headache
- sore throat
- new loss of taste or smell
- nausea or vomiting or diarrhea (24 hours free like fever)
- Note congestion/runny nose is no longer listed as a symptom, see Decision Tree link for details

or details Illinois Public Health Decision Tree for Symptomatic Individuals in Schools

Symptoms at home? STAY HOME & Test

> Test when symptomatic. Re-check for any new symptoms each time.

Negative COVID-19 test result? Person may return to school *unless exposed and symptomatic*. If exposed and symptomatic start quarantine as covid is "probably cause" of symptoms. Symptoms at school?

Test

Pick up your child within 30 minutes of a phone call/text. <u>Make plans for</u> <u>emergency contacts.</u>

Child will be removed from others and under staff supervision until their adult picks them up to test.

Follow stay home plan.

Conditions that match symptoms

A note signed by a physician specifying the health condition is required to reasonably differentiate between a health condition and COVID-19 symptom.

Examples: *asthma, seasonal allergies, sleep disorder, psychogenic fever, migraines.

*nebulizer treatments and asthma inhalers are allowed at school with physician's note

Health condition matches COVID-19 symptoms?

Note signed by physician indicating health condition on file in school office; shared with teachers/staff.

Stay home if not feeling well due to health condition.

-or-

Attend school if note is on file. Let office/teachers know child is experiencing condition and follow plans for condition.*

Positive COVID-19 case

Public health no longer contacts positive individuals nor contacts. Effected classrooms and After School families will be informed of a positive case by the school director (anonymity for covid positive person preserved to the greatest extent possible.)

*Remote learning is offered asynchronously for persons in quarantine.

Positive COVID-19 result?

Email Ali Lewis and quarantine at least 5-calendar days; remote learn while home as possible.

Person mat return to school after 5-calendar days AND 24 hours fever free without medicine, AND 24 hours diarrhea and vomit free, **AND improved symptoms.**

Masks required for positive persons at least 10-calendar days from onset of symptoms or positive test; extended preschool rest time suspended 10-calendar days for covid positive preschooler in that program.

Close Contacts of COVID Positive Person

Close contacts are persons within 6 feet of a COVID-19 positive person 15 minutes or more in 24 hours, regardless of masks (and for Uni Primary regardless of vaccination due to transmission rates).

All persons in a classroom (and possibly after school) will be considered close contacts to a positive class member as distancing is no longer monitored.

If a close contact to a community/household member, follow this slide also.

Positive COVID-19 case in a Classroom/in a household

Household members and classroom members of a case-positive person may attend school *if asymptomatic*. **Stay home** *if exposed and symptomatic even with a negative test result. Start quarantine.*

If asymptomatic, test to stay on days 3, 5, 7 presenting evidence of negative test at drop off.

Masks required for exposed persons 10calendar days (extended preschool rest time close contacts distanced as much as possible).

Test-to-Stay Protocol

Test to Stay attempts to keep persons at school while asymptomatic after a known exposure. Test to Stay increases the likelihood of identifying a transmission if a person is a close contact.

COVID test on days 3, 5, and 7 and remain in school if asymptomatic.

It is the family's responsibility to test and report negative test results. Families may pick up their child during the school day to test if neded.

If at any time the close contact becomes symptomatic, they will be sent home and and must remain home for at least a 5-day quarantine as they likely have contracted covid as a close contact. Even if a negative test result is produced, symptomatic and exposed = quarantine.

Travel

Remote learning is not an option for families who choose to travel during the school year. Do not ask a staff member to make an allowance for your child to remote learn *unless* your child is in quarantine.

Traveling? Test before and after return

Follow CUPHD recommended health and safety guidelines for travel.

It is recommended to test prior to and after travel. School will not collect evidence of a negative covid test post-travel, though it is recommended to test and keeps all of us safer.

As long as a person has no COVID symptoms post travel, they may remain at school.



Flu Shots

Public Health strongly encourages each person to get a flu shot.

Remote Asynchronous Learning for Persons in Quarantine

Remote asynchronous learning will be arranged between teachers and a child's family in the event of a 5-calendar quarantine due to COVID-19.

We will not offer synchronous learning, as we have in past pandemic years. A teacher may offer zoom time, but it is not expected.

We are still in a worldwide pandemic, and we know how to pivot. We will follow all public health recommendations in a swift manner should a Phase change occur.

Outdoor Play/Outdoor Learning

- We continue to promote outdoor learning time!
- Children use lawn chairs for comfort and portability. Please provide a collapsible chair with canopy for your child (label chair with name).
- Preschool uses the playground in the morning; K-5 may use the playground in the afternoons while extended day preschool has rest time.
- The field and grassy lawn areas will be used for outdoor play K-5th; <u>make sure to do tick checks at home during the fall months.</u>



Adventure Play After School

Afterschool is from 3:00-5:30 PM on full school days. Our director of after school, Kelsey Langley, can be reached at klangley@Illinois.edu

The same protocol and expectations for health and safety during the school day will be followed in After School.

Field Trips & School Visitors

- Walking field trips in nature and to campus spaces are encouraged for all classrooms.
- Virtual opportunities for field trip experiences and Zoom guests are still available.
- Field trips may resume with family drivers or public transportation.
- Guest readers, family volunteers, prospective families, etc. may be at school in person following all guidance.

Water Bottles

Every child must bring a water bottle daily or keep one at school.

Children may have a separate drink for lunches. Wash all bottles/lunch containers nightly.

Practice using the specific water bottle at home so your child can be as independent as possible when refilling.

LABEL water bottles with child's name.



Lunch and Snack

We will eat outdoors when possible. Lunches will be staggered or spread into classroom hallways within classrooms to maintain 6 feet distance indoors when a cohort has a positive case and cannot eat outdoors.

Students bring their own hearty, nut-free lunches; pack a disposable or clean re-usable cloth napkin to catch crumbs; wash re-usable napkins, water bottles, and lunch containers nightly. Label lunch containers.

Bring hearty, nut-free snacks from home for school and also afterschool (if attending afterschool); school will keep some pre-packaged snacks on hand. Preschool families will bring community snacks.





Extended Preschool: Rest Time

Children will be distanced to the greatest extent possible during rest time; masks will be <u>off</u> while resting.

Bedding for rest time should be brought from home in a zippered bag (duffle or other type) and will be sent home for washing as needed. One lovey is allowed for rest time and should only be used during rest time.

School will provide personal rest time mats for children in extended preschool, and staff will 25 sanitize mats after use.

Whole School Events: Outdoors & Virtual

School-wide traditions for celebration and community building may take place indoors, outdoors, and virtually this year.

"Classroom Visit Day" for families is August 18th in person.

Family Chats are by sign up (teachers will email link), for 15-minute chats in person (preferred) or via zoom.

Parent Teacher Alliance Meetings are held on Zoom, the first Tuesday of the month starting at 6:00 PM. See school website under "community" for the zoom link.

Health Related Resources

Decision Tree for Evaluating Symptomatic Individuals from Pre-K, K-12 Schools and Day Care Programs

IDPH & ISBE Joint Guidance for COVID-19 Prevention in Schools

Department of Public Health

Centers for Disease Control:

Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning

Champaign Urbana Public Health

Hotline number for community covid questions: 217-902-6100

University of Illinois https://covid19.illinois.edu/